

TAKE THE HELM WITH ..



Sea Sanctuary

ARE YOU...

16-19 YEARS OLD?

Not in WORK?

Not in EDUCATION?

WOULD YOU LIKE TO GO SAILING FOR

5 days....totally FREE!?

Sea Sanctuary is in working association with Cornwall Marine Network

CONTACT US: Sea Sanctuary | Waterside House, Penryn, Cornwall, TR10 8BE

T: 01326 378919 | M: 07966086856 | E: admin@sea-sanctuary.co.uk

Registered Charity No: 1117038 | W: www.sea-sanctuary.co.uk



Take the Helm Project



OUR 5 DAY RESIDENTIAL PROJECT (YES, YOU GET TO SLEEP ON A YACHT!!!) HELPS YOU GAIN...

- ~ CONFIDENCE
- ~ LIFE SKILLS
- ~ EMOTIONAL WELL BEING
- ~ LEADERSHIP SKILLS & MORE

IF YOU WANT TO GET A BETTER IDEA OF WHAT YOU SHOULD DO NEXT, FIND YOUR DIRECTION, MAYBE START A NEW COURSE, APPRENTICESHIP, FURTHER YOUR EDUCATION OR VOLUNTEER SOMEWHERE BUT YOU'RE NOT SURE WHERE TO START.....THIS COURSE IS FOR YOU!!!

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